

\$17 LUNCH SPECIALS

MAINS

CHICKEN BREAST SCHNITZEL

chips, garden salad, choice of gravy or parmigiana

TEMPURA BATTERED FISH (GFA)

chips, house tartare, lemon, garden salad

SALT & PEPPER AUSTRALIAN SQUID

chips, lime aioli, lemon, garden salad

VEGAN PARMIGIANA (VE)

vegan cheese, tomato sugo sauce, chips, garden salad

SALADS

CAESAR SALAD (GFA)

cos lettuce, Hahndorf bacon, parmesan, croutons, poached egg, anchovies, Caesar dressing

NOURISH BOWL (VE)(GF)

cauliflower, baby spinach, pumpkin seeds, roasted carrot, edamame beans, avocado, black sesame, cucumber, brown rice, spiced satay dressing

MEXICAN BOWL (VE)(GF)

brown rice, corn salsa, chipotle aioli, avocado, cos lettuce, nacho crumb, pickled onion

ADD CRISPY CHICKEN | 7.5

ADD GRILLED CHICKEN | 6

ADD HARRIS SMOKED SALMON | 10

ADD HALLOUMI | 6

ADD FRIED TOFU | 6

(V) VEGETARIAN

(VE) VEGAN

(GF) GLUTEN FREE

(GFA) GLUTEN FREE AVAILABLE

(DF) DAIRY FREE

BURGERS & WRAPS

served with chips and aioli

GLUTEN FREE BUN | 2.5

THE ARK CHEESEBURGER

cheese, onion, pickles, lettuce, tomato, American mustard, tomato sauce

ROGER FOXWELL BURGER

beef patty, Swiss cheese, truffle mushroom, bacon, rocket, onion, aioli

VEGAN CHICKEN BURGER (VE)

plant based vegan schnitzel, lettuce, tomato, pickles, onion, vegan chipotle, vegan cheese

NASHVILLE FRIED CHICKEN BURGER

crispy chicken, chilli cheese sauce, mayo, lettuce, pickles

CHICKEN WRAP

crispy chicken, lettuce, tomato, onion, pickles, cheese, mayo

PROSCIUTTO PIADINA

prosciutto, Swiss cheese, basil pesto, rocket

CHICKEN PIADINA

avocado cream cheese, chicken, semi-dried tomato, spinach

10 INCH PIZZA

hand stretched to perfection

GLUTEN FREE BASE | 2.5

VEGAN CHEESE | 2.5

HAWAIIAN

tomato sugo, smoked ham, pineapple, mozzarella

PEPPERONI

tomato sugo, pepperoni, mozzarella

MUSHROOM (V)

truffle cream, mozzarella, mushrooms, onion, spinach, parmesan



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