

\$15 LUNCH MENU

TEMPURA BATTERED FISH AND CHIPS (GFA)

chips, salad, house tartare, lemon

SALT AND PEPPER AUSTRALIAN SQUID

chips, salad, lime aioli

CAESAR SALAD (GFA)

cos lettuce, Hahndorf bacon, shaved parmesan, croutons, poached egg, anchovies, Caesar dressing

SMOKEY BBQ CHICKEN AND BACON PIZZA

chicken, bacon, Spanish onion, roast capsicum and mozzarella cheese

ROAST PUMPKIN PIZZA (V)

honey roasted butternut pumpkin, fetta cheese, pepitas, roast capsicum

CRISPY MUSHROOM BURGER (V)

black bean salsa, smashed avocado, cheese, spinach and aioli

AMERICAN STYLE CHEESEBURGER

cheese, sweet pickle, American mustard and tomato sauce

SALT AND PEPPER FRIED EGGPLANT (VE)

caponata salsa, tahini cream, rocket, roasted pinenuts

CRISPY CHICKEN SPINACH WRAP

with hommus, tomato, lettuce, cheese onion, beetroot tzatziki

NOURISH BOWL (GF)(VE)

with baby beetroot, spinach, chili hommus, mixed seeds, yellow split peas, quinoa, charred pumpkin, cucumber, mustard maple dressing

NOURISH BOWL EXTRAS CHICKEN | 5

HARRIS SMOKED SALMON | 7.5

HALLOUMI | 5

TOFU | 3

POACHED EGG | 2.5

gf gluten free

gfa gluten free available

v vegetarian

ve vegan

AVAILABLE MONDAY-FRIDAY 12-2PM

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